



**Women's Groundals®**  
**Size: 7.5-8.5(ML)**

**Instructions:**

Line your ruler or measuring tape up with the ruler on this page to be sure the measurements are correct.

Place your finger or pencil/pen over the "X" where the toe strap is located and slide your foot in to be sure your heel doesn't hang off the back of the shoe.

If the shoe fits, wear it!